



Please contact: life@rcbc.edu or
(609)-894-7236 for more information

LIFE FALL 2021 CLASSES

VIRTUAL

Shining a Light on Her(story)

In this course, we take a diverse look at Women's History including Native American and Black Women's History and stretch beyond our Early American Heroines to include women who follow in their footsteps. We will explore how women are continuing to take on leadership roles in justice concerns like climate change, education, health and hunger, immigration, law, race, religion, voter suppression and more. Any woman who is knowledgeable and active in any of these topics is welcome to present to this class.

September 21-November 9

Virtual

Tuesday 10AM-11:30AM

Instructor: Jacquelin Agostini. Ph.D.

From The Left

Are you a Liberal? Join fellow "Lefties" in a discussion of current events.

September 13-November 29

Virtual

Monday 10AM-11:30AM

Instructors: Isabelle Addis, Irene
Mosesson, Bob Gervasoni

Dreams are Real – What is their Purpose?

Dreams touch every level of our life. They may let us glimpse the future, give suggestions for healing, or share insights into our relationships. Thousands of people report out-of-body journeys to higher dimensions in the dream state, prophetic dreams, past-life dreams, and dreams of illumination, guidance and protection. Join this interactive discussion for an overview that includes how dreams are part of your creative imagination and how they can help you gain

insights, grow in confidence, heal yourself spiritually, and make life decisions. Keeping a dream journal helps open that conversation. Before sleep, ask for insights and jot down your dreams in the morning in your dream journal that you keep by your bed. In class we will share dream experiences, questions, and techniques to help you remember and interpret your dreams, plus use their inner messages to improve your outer life. The perspectives offered in this class are based on the teachings of Eckankar, the Path of Spiritual Freedom, as a community service.

September 17 (1 Session)
Virtual

Friday 10:00-11:30 AM
Instructor: Harold Huggins

Meditate with me

A meditation group that will start with a guided visualization followed by 15-20 minutes of silent contemplation. Both beginners and experienced meditators are welcome.

September 22-October 20
Virtual

Wednesday 11AM-11:45 AM
Instructor: Peggy King

Fun & Games

Fun & Games is currently being conducted remotely, with weekly quizzes being sent to participants via email

Instructor: Bob Waters

Trending Geology

Our sessions will be one hour each, and topics will be ranging from Mineral Resource- geologic considerations, plate-tectonic controls on earthquakes, volcanoes and mountains, Geologic constraints in Infrastructure projects, and of course we will have briefs about on-going and current geologic events.

September 9-November 29 (8 sessions)
Virtual

Thursday & Friday 3 PM- 4 PM
Instructor: Ramesh Venkatakrisnan, Ph.D.

IN PERSON

MOUNT LAUREL

The Civil War and its Aftermath

We will discuss the last part of the war and reconstruction

October 19-November 23
Location: RCBC Mt. Laurel TEC 203

Tuesday 2PM-3PM
Instructor: Alan Thornton

Henry George, Karl Marx and Their Followers

This course introduces students to the opposing economic reform movements of the late 19th century started by Henry George and Karl Marx, their competition for public support and debates among their followers well into the 20th century.

September 16-October 21 (6 Sessions)
Location: RCBC Mt. Laurel TEC 203

Thursday 10AM-11:30AM
Instructor: Edward Dodson

Rummikub

Come out and play a "rummy" type of game using tiles. Not only is it easy to learn, but there are strategies in the game that stimulate the eyes and the mind. It is a very easy game with several layers to make it interesting and keep your mind alert.

September 24- December 17 (No Class 11/26)
Location: Mount Laurel TEC 203

Friday 2PM-4PM
Instructor: Peggy King

Trivia Bingo

This is a trivia quiz class, set-up as "trivia bingo", to be played on an individual basis, not in teams. Each person gets 2 bingo cards and a pen. There is a trivia question for each box and two choices for the answer. Get the answer correct and you check the box. Get 5 in a row and you have "bingo!" there will be 2 rounds, each round uses one bingo card. This is for fun only! Sorry, no prizes will be awarded.

October 22-29
Location: RCBC Mt. Laurel Room LAUR 204

Friday 12:30-1:30PM
Instructor: Gary Warga

Portraits of the Presidents

Based on images of presidents in the National Portrait Gallery in DC, we will analyze the way our presidents are portrayed and how we should interpret these images, and put them into the context of other world rulers.

1 Session

Date/Time TBD

RCBC Mt. Laurel Room TBD

Instructor: Jayne Yantz

Religions East & West & Why Meditation

Buddhism and Hinduism (Eastern religions) originated in India. Judaism, Christianity and Islam (collectively known as Monotheists, also called Abrahamic or Western Faiths OR "people of the book") originated in Jerusalem or consider Jerusalem as their holy place. As two distinct groups, the Eastern and the Western religions took divergent paths to spirituality. We will discuss the cause of divergence and the consequences.

September 15-September 29

Wednesday 12:30-1:50 PM

Location: Mount Laurel Campus TEC 203

Instructor: Vijay Kapoor

Flute Ensemble

Whether you're up to snuff or haven't played for years, enjoy duets, trios, more. Bring your flute, music stand, and pencil. Bring \$5 cash to the first class session to cover costs of music.

October 21-December 16 (pending)
Mount Laurel Campus TBD

Thursday 5:20-6:50 PM
Instructor: Myra Lewinter Malamut

EVERGREENS

Discussion with a Touch of Psychology

Topics for discussion will be taken from the class. Please bring a WRITTEN topic to the first class. The last half hour is optional and is for Meditation/Mind Control.

September 21-October 12 (4 Sessions)
Evergreens

Tuesday 10 am-12 pm
Instructor: Dr. Elvira DiCola

A Poetry Workshop: How To Write And Get Your Poems Published

We'll start by looking at what makes a good poem resonate in the reader's mind, and then explore how to get your work published in some of the 4,000 literary magazines in the English language [the instructor, 74, himself only became published in his 8th decade with poems in 45 poetry journals in 5 countries as well as 2 full length books being released by a trade publisher].

October 7-November 11
Evergreens (pending)

Thursday 1:30PM-3PM
Instructor: Len Carber